



20 September 2018

YEAR 3-6 ATHLETICS CARNIVAL 2018

The Year 3-6 Athletics Carnival will take place on **Thursday 18 October on the Dominic College Football Oval**. We are looking forward to running the carnival this year on this day from 9.00am- 3.00pm. Students will need to remember to dress for the conditions on the day including full PE uniform, College hat and sunscreen.

Students are encouraged to get into the house spirit. They can wear their house coloured items, house coloured socks, face paint, tops, hats, shorts and singlets. Students are allowed to use zinc creams and face paints in their house colours but are reminded it is best not to colour your hair in case the colour is not reversible for the next day at school. Mr Golding will be busy placing students into events early next Term and developing the program which will be sent out the day before the event.

Athletics Trials- We will use Tuesday 25, Wednesday 26 and Thursday 27 September flexible learning times from 11.00am- 11.15am next week to hold athletics trials in the 100m, Vortex and Long Jump. It is important that all Year 3-5 students wear PE uniform on Tuesday, Wednesday and Thursday next week. Year 6 will do the trials early in Term 4 as they are in Canberra.

The Parents are warmly invited to help out and come along and support our students on the day. All help is greatly appreciated and we cannot run the carnival without parent support (WWVP card required). Please contact Mr Cameron Golding if you can assist via email cgolding@dominic.tas.edu.au or call 62746089.

Athletics Program Year 3 – 6- Approximate Times Only

9.00 – 10.00am	Years 3, 4, 5 and 6 Boys/Girls Vortex and Long Jump- Called over PA
10.00am	<i>Teachers and Students move to the oval - 'Organisation and Welcome'</i>
10.10am	1500m Year 4-6 Invitational Event
10.10 - 10.40am	5/6 Hurdles and 3/4 Hurdles
10.20 - 10.40am	Year 5 High Jump commences
10.40 - 11.00am	Recess - Year 5/6 High Jump continues
11.05 - 11.35am	100m Events Year 3/4 and Year 5/6 High Jump continues
11.35 - 12.05pm	100m Events- Year 5/6
12.05 - 12.25pm	400m and 800m events
12.25 - 12.45pm	Obstacle Course
12.45 - 1.35pm	Lunch- High Jump may continue if needed.
1.35 - 2.20pm	Novelties- Years 3, 4, 5 and 6 (Eg. Sack Race, Egg and Spoon)
2.20 - 2.45pm	100m Shuttle Relays- Years 3, 4, 5 and 6
2.45 - 3.00pm	Presentations and Pack Up

Mr Cameron Golding - K-6 Sport Coordinator